

Rigging & fittings

- Verified and adjusted standing rigging:**
 - No unravelling on the forestay, the shrouds, or the backstays
 - Pins on all of the turnbuckle covers and shackles and clevis units.
- Verified and installed running rigging**
- Verified, cleaned, and passivated stainless steel fittings**
- Blocks checked: body and sheave**
- Winches cleaned and greased**

Safety

- My safety gear is on board**
 - Visual inspection of the lifeline, the harnesses, and lanyards
 - Installation of the lifeline
 - The lanyards and harnesses are accessible
- I've checked the automatic life jackets and the validity of the gas cartridges inside them**
- I've checked the revision date for my life raft**
- The various lights on board are still valid. They have not expired**
- Valves inspection**

Mooring

- My anchoring line is correctly attached to the boat**
- I've checked the condition of the anchor, the chain, and the various shackles**
- I've checked the chain grip and its rope**

Engine

- Quarter-turn start**
- Clean and sufficient oil**
- The cable gland is in good condition.**

Extra tip

Put up a plan of the boat, visible to all, with the location of the safety equipment so that each member of the crew can locate them if necessary.